

# YGL COMPASS

**SOUTH FLORIDA YOUNG GOVERNMENT LEADERS**



SouthFloridaYGL



September 2013  
Volume 1, Issue 2

The South Florida Federal Executive Board, 4780 SW 64<sup>th</sup> Avenue Suite 103, Davie, FL 33314  
<http://www.southflorida.feb.gov/committees/young-government-leaders.html>

## South Florida YGL President's Corner

By Raquel Bulford-Frazier



Welcome to the second edition of the South Florida Young Government Leaders (SF YGL) Newsletter. This past July I had the privileged to attend the 2013 NextGen GovLoop/YGL Summit held in Washington DC. Wow... what an energetic and motivated group of men and women! There were hundreds of Change Agents from many Federal, State and Local agencies in attendance. The sessions and workshops presented during the two day summit focused on educating, inspiring and training emerging government leaders to further enhance their day-to-day careers and the betterment of government overall. Here are just a few of the topics discussed: "A Smarter, More Innovative Government"; "Unmasking the Superhero in You"; "Acquisition ABC's"; "Creating a Culture of Reflective Leadership"; Harnessing External and Internal Pressures as opportunities for Change"; "Finding Your Strengths"; "What Your Boss is Really Looking For (and Thinking)"; "Cross Gov Collaboration"; "Framework to Manage Your Career"; "How to be a Civilian Employee in a Political World"; etc. I hope you all will join me next year as we support the NextGen Summit! You can find Video Recaps of the various sessions at:

<http://www.nextgengovt.com/summit-schedule>

### INSIDE THIS ISSUE

President's Corner	1
YGL Networking Event	2
YGL Career Seminar	3
YGL Community Events	4
YGL Officer Profiles	5
SFFEB Deputy Director Corner	6
YGL Membership Update	7
YGL Membership Form	8
Career Information Corner	9





You're invited to...

## South Florida Young Government Leaders

### Inaugural Happy Hour Social

#### Not Young in Age But Young In Spirit

We are a newly formed Chapter with a mission to educate, inspire, and transform the current and future leader of government by energizing the South Florida public service workforce. Please Join us at our networking event as we exchange ideas, discuss current events and mingle during our happy hour get together.

**Happy Hour Special—50% off all Cocktails**

#### **WHEN:**

September 27, 2013

#### **TIME:**

5pm-7pm

#### **WHERE:**

Johnny V

625 E Las Olas Blvd  
Fort Lauderdale, FL 33301

#### **RSVP:**

Reginald J.  
France [Reginald.France@oig.hhs.gov](mailto:Reginald.France@oig.hhs.gov)

**Save the Date**



## Turn The Bureaucracy You Hate Into The Mission You Love And Get Promoted Faster Too!

**Date:** 10/24/13

**Time:** 5PM–7:30PM

**Speaker:** Martha Austin, Leadership Architect

**Location:** The Miami VA Healthcare System; 1201 NW 16th Street, Miami FL

**Room:** Auditorium

**RSVP:** Renette Louissaint: [renette.louissaint@hhs.gov](mailto:renette.louissaint@hhs.gov) or (305) 415-7387

### South Florida Young Government Leaders

The South Florida Young Government Leaders Chapter will Educate, Inspire and Transform the current and future leaders of government by energizing the South Florida public service workforce.

This is for you if...

*...you're **tired** of trying to motivate yourself and others when there are no "carrots" left in the old system.*

*...you're **sick** of choosing between your life and your career.*

*...you're **ready** to make a real impact on your organization and **stop** spinning your wheels.*

*...ESPECIALLY IF...going through the motions for the sake of a paycheck just isn't enough.*

We will explore:

- The part of our culture as government employees that actually gets in the way of our service.
- The easy way to have a profound, positive impact on your organization just by showing up.
- The most important thing you have to know to build your career around your life rather than the other way around.
- The secret weapon we all possess to insure our success IF we program it

## Upcoming – Community Events – Recent

### Join YGL on October 19<sup>th</sup> 2013 for the **Susan G. Komen Race for the Cure.**

To register on Saturday, October 19, 2013 in downtown Miami, please follow these instructions:

Go to the website: [komenmiaftl.org](http://komenmiaftl.org)

Scroll over to the tab: **Komen Race for the Cure**

Click: **Register**

Click: **Register as an individual**

Click: **Create an account**

The website will provide you with race options. Please choose what race you would like to participate in and complete registration.

After registering, please contact Kara Docherty at [kara.docherty@hhs.gov](mailto:kara.docherty@hhs.gov) to let her know your registration is complete. **Please register no later than October 18, 2013.**

**Feeding South Florida** The South Florida Young Government Leaders participated in yet another Community Service Event at the Feeding South Florida through the Hands on Broward Non for Profit Organization, on Saturday August 24<sup>th</sup>. Feeding South Florida has served 949,910 people thus far this year throughout Palm Beach, Broward, Miami-Dade and Monroe Counties. South Florida is #5 in the nation with population struggling with food insecurities. 1 out of 7 seniors, 1 out of 5 children are suffering with food insecurities daily. We can help by donating food to Feeding South Florida. This year they have received 34.4 million pounds of donated food items and the SF YGL was there to help them box and sort these items for their 325 nonprofit partner agencies that they supply and distribute the food. The YGL had 13 participants who put in 52 hours of enjoyable Community Service. If you missed this event we will see you in November for another opportunity to give back and pay it forward.

## National YGL Updates

<http://younggov.org/calendar/>

YOUNG  
GOVERNMENT  
LEADERS  
Events

*“The sure way to miss success is to miss the opportunity.”*

– Victor Charles



## YGL OFFICERS

### WELCOME OUR NEWEST YGL OFFICER!!!



**Sheila O. Leroy**  
Senior Social Worker  
Department of Veterans Affairs  
Miami VA Medical Center  
- YGL Co-Vice President

### CALLING ALL.... YGL MEMBERS

Increase YOUR CHAPTER INVOLVEMENT....GAIN VALUABLE INSIGHT AND EXPOSURE....

Volunteer to assist our YGL Officers in their designated functions - Please contact them directly...via e-mail address provided above if you're interested!

or...

Don't hesitate to contact us if you have any questions about our Chapter or items featured in our YGL Newsletter!

Raquel Bulford-Frazier: **President**

[Raquel.bulford-frazier@va.gov](mailto:Raquel.bulford-frazier@va.gov)

Renette Louissaint: **Co-Vice President**

[Renette.louissaint@hhs.gov](mailto:Renette.louissaint@hhs.gov)

Sheila Leroy: **Co-Vice President**

[Sheila.leroy@va.gov](mailto:Sheila.leroy@va.gov)

Kara Docherty: **Recruitment Officer**

[Kara.docherty@hhs.gov](mailto:Kara.docherty@hhs.gov)

Mitchell Metellus: **Creative Officer**

[Mitchell.metellus@va.gov](mailto:Mitchell.metellus@va.gov)

Tyler Jett: **Treasurer**

[Tyler.jett@uss.s.dhs.gov](mailto:Tyler.jett@uss.s.dhs.gov)

Yvenoline Dargenson: **Marketing Officer**

[Yvenoline.dargenson@ssa.gov](mailto:Yvenoline.dargenson@ssa.gov)

Omar Perez: **Secretary**

[Omar.perez@oig.hhs.gov](mailto:Omar.perez@oig.hhs.gov)

Daniel Arce: **Social Media Officer**

[Daniel.arce@oig.hhs.gov](mailto:Daniel.arce@oig.hhs.gov)

Reginal France: **Events Officer**

[Reginal.france@oig.hhs.gov](mailto:Reginal.france@oig.hhs.gov)

*"A real leader faces the music when he doesn't like the tune."*

*- Arnold H. Glassgow*

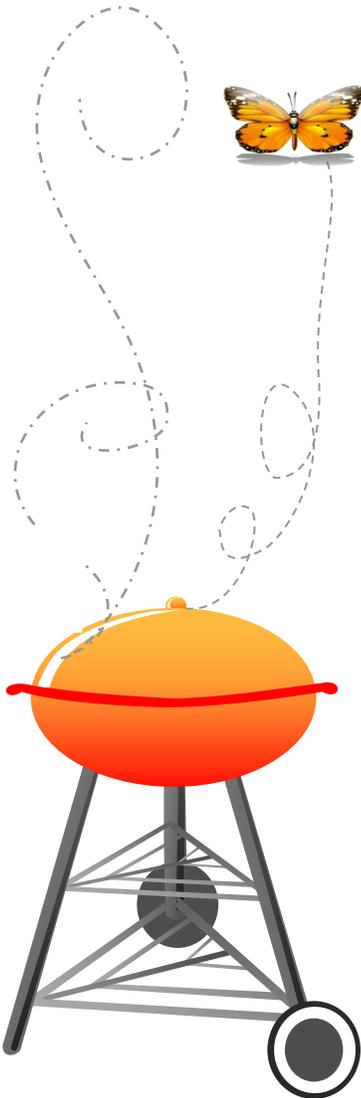
# SFFEB – Corner



The South Florida Federal Executive Board would like to thank the South Florida Young Government Leaders for their active participation in this year's Federal Friends and Family Picnic held at the Miramar Regional Park.

It was a huge success as we had close to 400 Federal Friends and Family members that attended and many exciting highlights such as karaoke, bingo, face painting, excellent food and the list can go on, to get us recharged and eager for the 2014 event!

Don't Miss Out - We Hope To See YOU there next year!





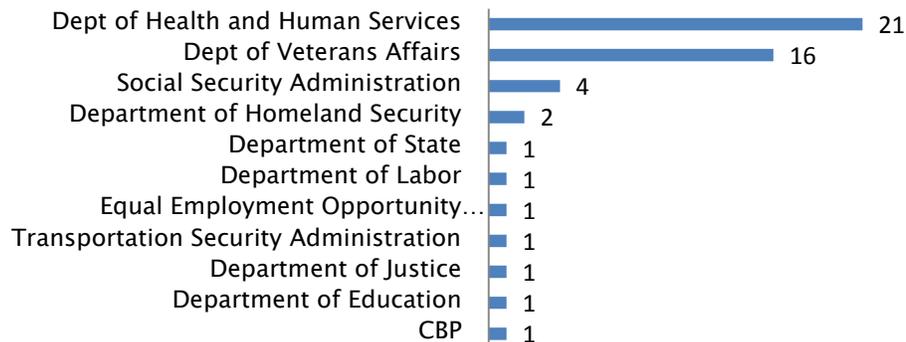
## YGL CHAPTER MEMBERSHIP SPOTLIGHT

As of September 9th, 2013, the South Florida Federal Executive Board Young Government Leaders Chapter has 50 members! Approximately 18 people signed up at the Federal Executive Board Picnic in June, and since that time, as a result of our recruitment efforts, an additional 23 people have joined YGL. Our recruitment efforts have consisted of sending YGL recruitment packets to government agencies and universities and word of mouth. However, **we are now also using the social media sites Twitter and Facebook, and intend to utilize LinkedIn and Instagram as well. Recruiting new members via social media is not only effective and inexpensive, but it's fun!** And by recruiting new members via social media, we hope to recruit individuals who might not otherwise hear about the South Florida YGL Chapter, target potential members who have specific skill sets, and increase YGL name recognition. Social media will also help us build relationships with our members while sharing stories and photos from our monthly events. Additionally, we will be able to improve our recruiting process by receiving feedback from both prospective and current members.

**Every single one of our members is a valuable resource to the South Florida YGL Chapter, so I encourage you to please consider telling your friends and colleagues about the South Florida YGL Chapter.**

### YGL Members – Distribution by Agency

N = 50



***Get connected ... Get involved...***  
**Become A Member in 3 EASY STEPS!**



- + Visit our YGL Chapter Website <http://www.southflorida.feb.gov/committees/young-government-leaders.html> **OR simply.....**
- + Complete a brief electronic membership Form – **See attached Membership Form on Page 7!**
- + Return your completed membership Form to our Recruitment Officer: Kara Docherty via e-mail [Kara.docherty@hhs.gov](mailto:Kara.docherty@hhs.gov)

### **Why Become A YGL Member?**

- + Expand your leadership skills!
- + Network with other government leaders!
- + Become a community partner!
- + Enhance your personal development!



SouthFloridaYGL

South Florida Federal Executive Board  
 South Florida Young Government Leaders Chapter



MEMBERSHIP FORM

The South Florida Young Government Leaders Chapter is a volunteer organization of professional men and women employed by or for the Government who are "Young" in their Service and or "Fresh" in their perspective. We are dedicated to developing, strengthening and invigorating the public service community by creating opportunities for networking, strategic partnerships and training with an emphasis on personal development, local outreach and mentorship.

Our Mission is to educate, inspire, and transform the current and future leaders of government by energizing the South Florida public service workforce. Please fill in the information below and send it back via e-mail/facsimile to:

Email \_\_\_\_\_

Facsimile

Name

Date

Current Agency

Current Position

Length of Gov't Service

Phone Number

Federal  State  County  Intern

Please indicate which interests you have:

General Member  Recruitment Committee  Social Media Committee

Events Committee  Marketing Committee

Please explain your leadership experience or desire:

Objective/Goal(s) for joining YGL:

## Career Information – Corner

### Three Key Leadership (Supervisor) Mistakes Government Employees Make

By Martha Austin



#### Mistake 1. Thinking that leadership is something you learn to do.

Leadership is not something you “do,” it is something you “be.” In other words, leadership is not a series of required actions you take, rather it is the essence of who you are and the impact you have on those around you. You don’t “learn” leadership. You grow into it. You grow into effective, positive leadership by deliberately and consciously choosing to develop the “Gifts” (the sum total of your talents, skills, abilities, experiences, desires, longings, quirks, and so-called flaws) that you naturally bring into the world. When you accept and develop your Gifts, you create the opportunity for others to accept and develop theirs. As you grow more confident and skilled in mastering your own Gifts, the leadership processes and tactics you learned in your organization’s training programs become more effective and less difficult to implement.

#### Mistake 2. Thinking that work and personal lives should be completely independent of one another. “Check your personal life in the parking lot.”

Here’s the bad news: There is no such thing as work/life balance; work is part of our lives and life is part of our work. We can’t cut ourselves in half and put part in one place and part in another... *though a lot of us have tried that.*

In order to meet today’s challenges for the long haul, each person must fully integrate their physical, mental, emotional, and spiritual aspects in everything they do. We need the whole person to show up on purpose each day whether they are showing up at work, at home, at school, or somewhere else. Conscious Leadership focuses on authenticity and the higher purpose of the organization and each individual in it. At work the conscious leader recognizes the benefit of the employee who is in a job because she sees that job as the ideal place for her to exercise her Gifts as opposed to the employee who goes through the motions for 8 hours a day just so she can leave the office and attempt to get her real fulfillment or satisfaction elsewhere. At home, the Conscious Leader recognizes that the parent who offers his Gifts in a job he loves and models that service and abundance for his child is a far better parent than the one who is stressed out, burned out and exhausted just from getting through the day.

#### Mistake 3. Thinking that this Conscious Leadership stuff sounds nice and might work other places but would never work here.

In the world of the government employee, the idea of aligning oneself with work that taps into the employee’s highest and best Gifts, that feeds the greatest sense of fulfillment, has never been more important. As benefits continue to decrease, promotions come farther apart, and even the job security previously associated with government service comes into question, encouraging each employee to truly BE their own authentic, unique, natural leader is the only way that our organizations are going to have the creative, innovative resources to meet the challenges ahead of them. *If your “government service” is starting to feel more like “government servitude,” Leadership Architect Martha Austin will show you innovative yet simple shifts to develop your Leadership Mindset so you can have more fun, contribute more to the world, and get promoted faster too! Get FREE tips right to your inbox at [www.freegiftfrommartha.com](http://www.freegiftfrommartha.com).*